

Preparing for surgery

Patient Information



RED PHASE

ORANGE PHASE

YELLOW PHASE

Preparing for surgery looks different during the COVID-19 pandemic. There are more precautions in place to keep patients, clients, families and health care workers safe. Review the following information before your surgery and any scheduled appointments.

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Before your surgery you will be contacted by your health care team and asked a series of screening questions to determine if COVID-19 testing is required prior to your procedure.

What to expect when you arrive at the hospital

Arrive for your surgery at the scheduled appointment time and follow the directions provided by your health care provider. This is usually one hour before your surgery. If you arrive too early, you may be asked to wait in your vehicle. This ensures we don't have too many people in our waiting areas.

All patients are screened before entering the hospital; this includes being asked a series of questions.

When you come in, clean your hands with hand sanitizer.

When entering a Horizon facility, patients are required to wear a mask. You will not be permitted to enter without one – even if you have an appointment. If you do not wear a mask, you will be asked to return home to reschedule your appointment.

- You can wear your own mask, including homemade cloth masks, or one will be provided at the screening station. A medical grade mask will be provided, if necessary.
- To learn the right way to put on and remove a mask, follow these links: [mask with loops](#) or [mask with ties](#).

In most cases, updates on your surgery will be done by phone. Surgeons will use the provided contact information to call the support person and/or substitute decision maker.

Support person and/or Substitute Decision Maker

Horizon currently has visitor guidelines in place, which include the number of visitors allowed per patient. Visits can only occur between 2 and 8 p.m. and each patient is allowed ONE healthy visitor at a time. This means your support person and/or substitute decision maker may need to drop you off for your appointment and return during the visitation time. Visits will be limited to one hour and visitors must be at least 12 years old. Pet visits are not permitted at this time.

- You will be asked to provide a phone number for your support person and/or substitute decision maker to your health care team for use in case of an emergency.
- Visitors must limit their interactions with staff, patients and other visitors, and they must leave the patient's room when staff are conducting procedures.
- All visitors will be screened for COVID-19 when entering the facility. They must clean their hands, practice physical distancing, and wear a mask.

To prevent the spread of COVID-19, while in a Horizon facility and whenever possible, keep a physical distance of two metres or six feet between yourself and others. This includes standing in line to enter the facility, in waiting areas, elevators and cafeterias.

For up-to-date information about COVID-19 visit HorizonNB.ca

