

Le Centre de Réadaptation Stan Cassidy Centre for Rehabilitation

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September 6, 2019

ADULT Referrals to Stan Cassidy Center for Rehabilitation

The SCCR is New Brunswick's tertiary neuro-rehabilitation facility. The center treats pediatric and adult patients with neurologic trauma and/or disease. The mandate of the center is to serve the province, through inpatient, outpatient, outreach and telehealth services, in addition to participating in education, training, and research.

In efforts to optimize appropriate referrals, triage efficiency, and service delivery the following is intended for guidance on the center's mandate, patient population accepted, as well as process for referrals. All patients managed by the rehabilitation teams must be under the care of one of the SCCR physiatrists, with the exception of patients referred directly to Driving Services or Seating Services.

Referral Requirements: A letter of referral from a physician or nurse practitioner indicating the patient's diagnosis, date of diagnosis or onset of symptoms, and reason for referral is mandatory. Information to assist the triage process and patient assessment should be included such as relevant investigations and consultants reports. Diagnoses that are appropriate for referral include: spinal cord injury, moderate to severe traumatic brain injury, multiple sclerosis with EDSS 5.0 and above, neuromuscular disease [such as spinal muscular atrophy, muscular dystrophy, Friedrichs Ataxia/Spinocerebellar ataxias], motor neuron disease [i.e. ALS], spina bifida, cerebral palsy, and upper limb amputations [in conjunction with the Atlantic Clinic for Upper Limb Prosthetics].

Stroke services should be managed through local hospitals and/or regional stroke/rehabilitation services and community-based rehabilitation services and physiatrists.

We do not accept referrals for diagnoses of musculoskeletal conditions, concussion, headache, developmental delay, epilepsy, lower limb amputations, dementia, or chronic pain.

Referral Process:

<u>Outpatient:</u> referring physician/nurse practitioner must send a referral letter and accompanying information to fax 506-447-4749. The letter does not have to be addressed to a specific physician. All referrals are triaged weekly. The SCCR physiatrists determine if the patient will be seen in a specialty clinic or office assessment, which other resources and team members will be involved, the urgency of the assessment, and/or if further information is required. A letter indicating such will be faxed back to the referral source. If there are any concerns the referring practitioner is welcome to call us to discuss.

<u>Inpatient:</u> Patients currently hospitalized who are being referred for inpatient admission/transfer: the referring physician/nurse practitioner must call 506-452-5355 and ask to speak to the physiatrist on call for an inpatient referral. No patient is considered without direct contact from the referring physician.

Yours truly,

J. R. Leckey, MD, FRCPC

Medical Director, Stan Cassidy Centre for Rehabilitation