

The following updates were provided to the community from the Horizon quarterly Board meeting.

### **Research Services**

Horizon is positioning itself to be home to one of Canada's top 40 research hospitals. Horizon's Research Services has a team working hard to achieve that goal.

Research Services facilitates and promotes research opportunities throughout the region by encouraging new and ongoing projects, developing partnerships, and establishing a sound organizational infrastructure for health research. Improvements to community and patient engagement are underway to enhance the management of health issues at a community level and ensure the needs of patients are being met.

Did you know? Health research...

- supports community-based health care by managing health issues unique to communities.
- provides important information about disease trends and risk factors.
- evaluates outcomes of new treatments and public health interventions.
- determines patterns of health care costs and use.
- promotes innovation in patient care.
- provides opportunities for Horizon professionals to engage in research and grow academically.
- enables clinician recruitment and retention.
- runs or supports clinical trials and Investigator Initiated Research.
- provides evidence proving the best ways to address critical health issues, like chronic disease and an aging population.

### **Collaborative Care - Seniors Health**

As part of Horizon's commitment to improving patient outcomes, a modern and collaborative model to care has been introduced across the organization and communities served. Horizon's Collaborative Care - Seniors Health (CCSH) was established to address New Brunswick's aging population and to share knowledge and best practices with patients and health care providers.

CCSH provides a central source for Horizon resources related to aging so that New Brunswick's seniors benefit from better patient care. It brings Horizon staff together in partnership with our communities to ensure that seniors have proper health programs and support as they age. These partnerships enable our family physicians, geriatricians, and specialists to work together across our organization to provide seamless care.

This innovative model considers the many factors and stakeholders that affect a senior's ability to age in a healthy way. Through CCSH, Horizon is collaborating with approximately 20 outside agencies to improve access to programs and expertise for seniors.

CCSH is using leadership and coordination so that seniors benefit from evidence- and team-based care that optimizes their function, improves their wellness, and supports their independence.