



Animal Magnetism

By Jennifer Z. Young, BPR, CAVR

Manager of Volunteer Resources, Auxiliary and Alumnae Relations, Moncton Area

“Happiness is a warm puppy.” - Charles M. Schulz

American cartoonist and creator of Peanuts comics, Charles M. Schulz, said it best. There is something special about a wagging tail to bring a little sunshine to a dull day. Horizon Health Network

is fortunate to have specially-trained, approved dogs and their handlers providing comfort and companionship to our patients. During scheduled visits, dogs and their handlers spread their joy by spending time with patients on designated units.

Horizon works with St. John Ambulance (SJA) in order to make sure these visits are safe and fully

enjoyed by the patients. Dogs are screened through SJA’s Therapy Dog program to ensure the pet is healthy, up-to-date on vaccinations, and possesses the right aptitude needed for the program. Handlers are provided an orientation to the hospital environment and interacting with patients, as well as shown how to follow strict hygiene standards for their pets.

...continued on pg 2.



The Upper River Valley Hospital Volunteer Program is pleased to introduce its first ever pet volunteer, Comet, a 9-year-old Golden Retriever. Comet and her owner, Barb Brewer, started visiting the patients of the hospital in the fall of 2013.



Sophie & Amy, Saint John



Zoey & Wanita, Moncton



Cosette, Saint John

Meet our Furry Friends!



Quincey, Fredericton



Lucy, Saint John



Kyzer, Moncton

Congratulations Rebecca and Kyzer on receiving the 2013 “Team of the Year” award from St. John Ambulance.

Animal Magnetism continued...

“With Pet Therapy, patients and families have a brief reprieve from the stress and emotion by petting the therapy dogs. The staff all enjoy having the dogs visit and they too benefit from the pleasure the dogs provide,” says Donna Clark, Manager of Community Services, SJA.

The teams typically visit on a weekly basis with the patients developing a bond with the dogs and so many look forward to their four-legged, furry friends to return.

Clark says St. John Ambulance is working hard to bring educational in-services to the teams so they can have a better understanding of their volunteer environments and offer more to those they visit.

“We look forward to a continued great relationship and growth of our program within Horizon. Thanks so much for having us”!



Maggie and Marlene, Saint John



Laura and Nik, Fredericton



Ginger & Melanie, Saint John

The Happy Wanderer

By Jennifer Z. Young, BPR, CAVR

Manager of Volunteer Resources, Auxiliary and Alumnae Relations, Moncton Area

John Leadbetter, perhaps better known as the much enjoyed clown J.J. The Happy Wanderer, marked his retirement from clowning in a very generous way. Inspired by the important, caring work he witnessed during his time clowning around on the Geriatric Unit, John set out to raise \$10,000 for nurses' education. Many creative fund-raising avenues followed including raffles, musical events and donations,

helping John reach and surpass his generous goal!

“What John has accomplished is truly remarkable,” says Violet Budd, Nurse Manager, Geriatric Unit. “Our patients will benefit from his gift and his support of the staff means so much.”

Although JJ may have hung up his clown hat, patients and staff are delighted to have John volunteering on the unit.



Pictured is left John Leadbetter presenting Violet Budd, Nurse Manager, Geriatric Unit (5200) at The Moncton Hospital with a cheque for \$10,733.00 to help support programs and education benefitting the unit.



For more information about Volunteer Resources, Auxiliary & Alumnae Relations please visit: www.HorizonNB.ca

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Volunteer Resources Gets New Volunteer Management Database

By Tracey Fraser

Manager of Volunteer Resources, Auxiliary and Alumnae Relations, Fredericton Area

The Volunteer Resources Departments across Horizon implemented a new Volunteer Management Database in June of this year. The overarching goal of the initiative was patient safety through standardizing and increasing volunteer compliance in the following areas; confidentiality, completion of annual mandatory learning module, criminal/vulnerable sector checks and vaccinations to 85 per cent.

Along with the patient-safety goal came the need to update and standardize the method of collecting data and how the information was used across the department.

The larger facilities across the organization have volunteer kiosks installed in the volunteer lounge areas for easy sign in/out of volunteer shifts. The kiosks can also be used as a communication tool for volunteers and can automatically keep track of volunteer hours.

For insurance and security purposes, the system allows easy access to identify volunteers that are in the facilities and where they are, which also provides a huge benefit in times of emergency.

The new “V Sys” system has been implemented in many of the volunteer departments within health-care facilities across Canada. It is a very comprehensive program and one that will meet the needs of the department for many years to come.



Saint John Volunteer Majid Bamorhaz with Manager Julia Brooks using new kiosk



Fredericton Volunteer Fred Southwell signing in on kiosk



URVH Volunteer Malcolm Caldwell signs in to the new V Sys Kiosk

Wellness Tip of the Day

Tips for Avoiding Winter Bugs:

- Get vaccinated against flu
- Wash your hands often
- Limit exposure to infected people
- Keep stress in check
- Eat right
- Sleep right
- Exercise

News from Our Auxiliaries and Alumnae

— Moncton —

Program Helps Victims of Sexual Assault

The Moncton Hospital Nurses Healthcare Auxiliary helps ease the trauma for the youngest victims of assault. The Auxiliary's Cozy Sack project provides age-appropriate items offering therapeutic comfort for children which include toys and a plush animal in a soft and brightly decorated pillow slip. The Cozy Sacks are distributed through the Sexual Assault Nurse Examiner (SANE). The SANE program provides medical and emotional support to victims of sexual assault.

“The project was suggested to the Auxiliary six years ago based on its success in many hospitals in North America,” says Roxanne Paquette, SANE Coordinator, Moncton. “It really helps ease the process for children.”

Auxiliary members Carol Fraser (left) and Gisele Riley with some of the therapeutic items they provide to children who are victims of assault.



— Saint John —

Connie Quinn Memorial Bursary

St. Joseph's Hospital Auxiliary awarded the first Connie Quinn Memorial Bursary to Sodoba Seddiq in late-summer 2013.

Sodoba is pursuing a degree in Nursing at UNB SJ.



— Fredericton —

Avalon FM50 Fetal Monitor for 3NW



It was a great year overall with the Dr. Everett Chalmers (DECH) Auxiliary donating \$126,769 to the Dr. Everett Chalmers Regional Hospital. This money went towards the purchase of an Avalon FM50 Fetal Monitor for 3NW (\$26,761), a Giraffe IRes Bedded Warmer for Labor and Delivery (\$30,008), and the renovation of two patient bathrooms (1 on 4E the other 3SW).

Pictured with the new Giraffe IRes Bedded Warmer and Fetal Monitor are (from left) Rochelle Trail, RN L&D, Joyce Christie, Nurse Manager L&D, Dale McLeod President DECH Auxiliary, Gina Moss RN L&D and Jeanne McIsaac Nurse Manager on 3NW.

— Upper River Valley —

Update on Horizon's Newest Auxiliary

By Teena McCarthy

Past President, Upper River Valley Auxiliary

The Upper River Valley Hospital Auxiliary Inc. (URVHA) follows a long tradition of service. The first hospital in Carleton County was established in 1902 as the Carleton County Hospital. The auxiliary for this hospital was raising money and rolling bandages by 1903. Throughout the years, the rural auxiliaries of the area have continued to offer their support to local hospitals until they were disbanded when the Upper River Valley Hospital opened its doors in November 2007.

On September 26, 2013, an information meeting was held for the public who were interested in the efforts of the URVHA; 15 new members joined.

Recently, members were fundraising in the Craft Market at the hospital with a Christmas Basket Draw and Christmas Ornament Donation campaign. Also, our Auxiliary Directors are working on the opening of the **Common Grounds Café and Serendipity Gifts** in the hospital's front lobby.

The URVH Auxiliary Inc. hopes to continue the tradition of purchasing equipment and items to offer comfort and support to our patients, families and visitors.



— Perth Andover —

Hotel Dieu Saint Joseph Hospital Auxiliary Donates \$1,000

The Auxiliary of Hotel Dieu Saint Joseph Hospital recently donated \$1,000 to improve services for patients with eating disorders.

“With an influx of referrals for eating disorders, our approach to intervention with this population was changed so that it reflects best practice”, says Kelly Beveridge, Occupational Therapist, along with Allyson Giberson, Dietitian.

“In doing so,” the pair says, “we have established activity-oriented sessions covering

a variety of topics including body image, body works, life skills, nutrition and relaxation techniques”.

In order to make these sessions interactive, a variety of learning models and tools are used so that each session is very hands on.

“The funds that we have received from the Hospital Auxiliary have allowed us to purchase models of the heart, brain and osteoporosis. We are very thankful for this generous donation”.

— Saint John —

Academic Success and Volunteerism

The Saint John Regional Hospital Auxiliary annually recognizes seven deserving students for their academic success and volunteerism.

The 2013 recipients are featured with Mary Losier Roderick, Auxiliary's President, and Katie Rogers, Vice President. The students (from left) are Colin Rouse, Robert Hanlon, Marissa Gale, Steven Morrison, Carly Baxter and Bharat Kant. Applications for the 2014 awards will be made available on our website (beccauseofyou.ca) in the new year.



Milestones and Accomplishments

Miramichi Regional Hospital volunteers Jack and Earlene “Bunny” Hunter

Jack volunteers with the Nutrition and Food Services Menu Office, most recently doing patient satisfaction surveys and visiting patients. Bunny volunteers on the Oncology Refreshment Cart. She bakes several kinds of delicious cookies every week and brings them along with coffee and tea to the oncology department for patients undergoing chemotherapy treatments. Jack and Bunny recently celebrated their 60th wedding anniversary. They don't have to tell you that after 60 wonderful years they are still in love and going strong because you know it as soon as you see them!

“Congratulations Jack and Bunny, thank you and we love you”!



Jack and Bunny 60th Anniversary

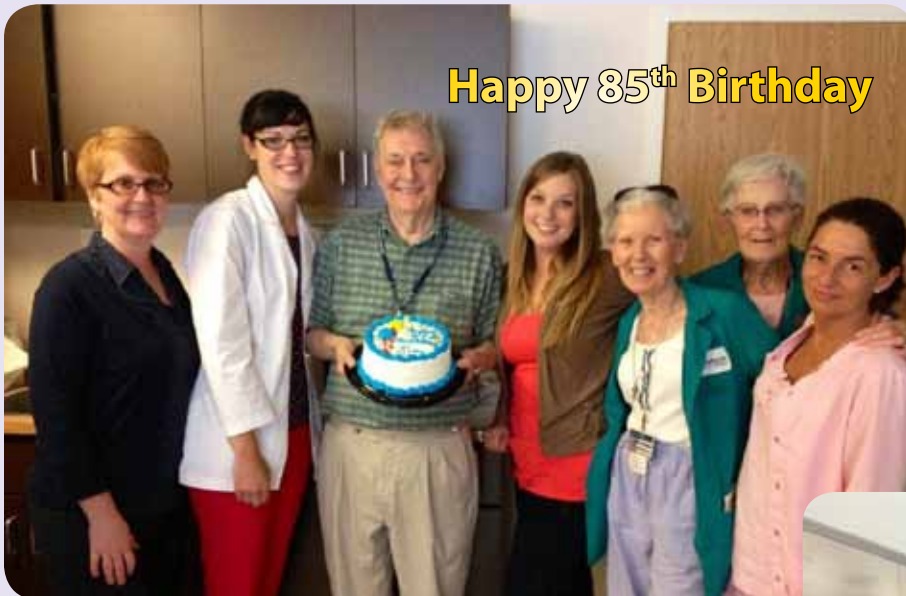


Happy 70th Birthday URVH Volunteer Carol Duchemin



Happy 85th Birthday URVH Volunteer Peter Jones

Saint John Palliative Care team wishes volunteer Jim Mortimer a Happy 85th Birthday



(L-R) Debbie Maxwell, Unit Manager; Sarah Manuel, Palliative Care Coordinator; Jim Mortimer, Volunteer; Alicia Mason, Admin Support; Ina Mortimer, Volunteer; Ellen Brennan, Volunteer; Darlene Persaud, PSW.



Happy 50th
Anniversary

Happy 50th Wedding Anniversary
URVH Volunteers Lorena and
Raymond Green



Happy 100th
Birthday

Sackville Auxilian Fran Smith Celebrates 100th Birthday

Attention All Horizon Volunteers, Auxiliary & Alumnae

If you have reached a milestone or achieved any special accomplishments and would like to share your information with us, please provide your local volunteer office with the details so we can add this to our future publications.

Making a Difference

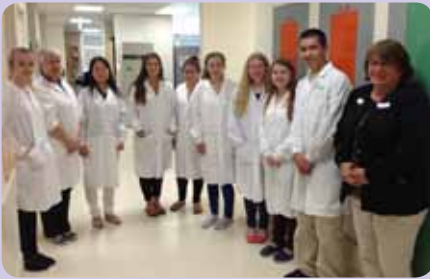
By Julia Brooks

Manager of Volunteer Resources, Auxiliary and Alumnae Relations, Saint John Area

This summer, volunteer departments across Horizon Health Network had more than 200 university and high school students participating in various programs. The student volunteers took part in programs such as

recreational therapy, Auxiliary gift shops, coffee shops, library and coffee carts and as greeters, just to name a few.

Thank you to all the students who took the time to make a difference in someone else's life! Your presence in our facilities was felt by the patients their families and staff. Thank You!



On August 15, The Moncton Hospital summer students were invited on a tour of the Laboratory, Medical Imaging and Emergency Departments. The tour provided a unique experience to look at some of the day-to-day operations of the departments. Our summer student program offers a wonderful opportunity to learn about health care, along with the benefits of helping to enhance patient care.

L-R Robin Weir, Heather Graham, Lab Technologist, Minji Kim, Emma Duke, Abigail Sanderson, Emma Delaney, Emily Sinclair, Emma Mundle, John Balloch and Amy Fenton, Lab Administrative Director.



Summer students from Saint John during orientation experiencing a "Dementia Tour", presented by Tracy McGrath, Recreation Therapist.

L-R Sam Hunter, Patrick Gallagher and Thomas Lenard.

Mandatory Learning

Each year all volunteers are required to complete the Mandatory Learning Components to ensure the safety and well-being of Horizon Volunteers and patients. If you have not already reviewed this information please check in with the volunteer office.

Recipe for Happiness

- 1 Large **Smile**
- 2 Cups of **Sweetness**
- A large helping of **Positivity**
- A good sense of **Humour**
- 1 cup of **Self-esteem**
- 2 spoonful's of **True Faith**
- 1 spoonful of **Goodwill**
- 2 pinches of **Easy-Going**
- And a **Heart Full of Love**

Mix together and share with family and friends.



Volunteers, Auxiliaries, and Alumnae
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